



ST RITA'S SCHOOL BABINDA SUNSMART POLICY

School Values

Learning, Respect, Community and Faith

Aim

Self-respect, long term concern and care for one's body, desire for good health, and the protection and safety of the individual.

Policy

St Rita's School Babinda will promote a sun safe lifestyle from P - 6 which encourages the application of sun safe practices.

Consequences

1. Students and staff will be encouraged to protect themselves from the dangers of the sun by wearing broad-brimmed hats, appropriate protective clothing and 30+ sun screen when out in the sun. All students wear a broad brimmed hat or a legionnaires hat as part of school uniform.
2. Staff and parents will be encouraged to wear broad-brimmed hats.
3. The school and P & F will consider sun protection when reviewing school uniform.
4. Sun Protection Awareness will continue to be promoted through health lessons and integrated into learning areas.
5. The Staff, parents and visitors to the school will model sun safe behaviour.
6. Students will be educated so they will ultimately take responsibility for their own sun protection.
7. Students are responsible for applying their own sunscreen protection for daily application.
8. There will be suitable shade areas provided in the school grounds, including undercover play areas and the multi-purpose court.
9. Parents will be encouraged to support the school in the promotion of sun safe behaviour.
10. Parents will be regularly informed about Sun Protection Awareness through newsletter

items and information sheets.

11. Outdoor activities will be limited where possible to 60 minutes or less when in direct sunlight. Considerations will be given during extended periods e.g. Athletics Carnival Day. Where practicable, outdoor activities will take place before 10am and after 3pm.

GUIDELINES

OUTDOOR ACTIVITIES

- **Sport** - minimum sun protection standards for participation will include:

No school hat - no school sport or play.

Approved school uniform designed to protect students is to be worn.

Teachers will also recommend to children that they apply sunscreen to exposed areas for their personal protection.

- **Lunchtime Play** - minimum sun protection standards for participation away from shaded area.
No school hat - no outdoor sport or play.
- **Outdoor Learning Activities** - in any instance where children are directed outdoors for learning activities minimum sun protection will apply as for Play Breaks.
- **Excursions** - When children are taken away from school, all class members and teachers will be required to take a hat and comply with minimum sun protection standards.

FUTURE CONSIDERATIONS

- (1) Planting shade trees in designated areas.
- (2) Purchase a portable shadecover for additional shade at sports events.

RESOURCES

SUN PROTECTION THROUGH LITERATURE

Stories to read to enhance class discussions on the environment, sun protection, wearing hats, suitable clothing, sunscreen, season.

- (1) The Great White Man-Eating Shark (A Cautionary Tale) by Margaret Mahy (J. MAH)
- (2) Where the Forest Meets the Sea by Jeannie Baker (J.333.7BAK)
- (3) Good Health Habits (J.613FUL)
- (4) V.I.P. Very Important Plant by Ted Greenwood (J.581GRE)
- (5) The Macquarie Book of Days, Months and Seasons (J.529KNI)
- (6) The Boy Who Painted the Sun by Jill Morris (J.MOR)
- (7) Angie the Brave by Sally Farrell Odgers (J.ODG)
- (8) Boy on a Hilltop by K. Taniuchi and P. Blakeley (J.BLA)
- (9) All in a Day by M. Anno (J.ANN)
- (10) That Fat Hat by J. Barkan (J.BAR)
- (11) Don't Get Burnt by J. Bedson (J.BED)
- (12) Trees by E. Stodart (J.634.9STO)
- (13) A Tree is Nice by J.M. Udry (J. 582UDR)
- (14) I Wonder How Does the Wind Blow? by A. Langley (J 551.6LAN)
- (15) Who Made the Sun? by P. Edwards and W. Stackpool (J. 298EDW)
- (16) The Seasons by D. Mackinnon and A. Sieveking (J.525MAC)
- (17) Seasons by J. Burningham (J. 525BUR)
- (18) Animals that Live in Trees by J. McCauley (J.591.5MCC)
- (19) Sunshine and Shadow by P. Blakeley (J. 535BLA)
- (20) Beach Time by Michael Salmon (J.SAL)
- (21) Weather Whys by Mike Artell (551.6ART)